



Introduction to Workday

The Workday ministry strives to manifest the glory of Christ by meeting physical needs and building relational bridges. We seek to manifest the love of Christ in places labeled “blighted” and to people deemed “undesirable” in our city. Whether it’s a skilled plumbing job to install a walk-in shower or a simple job of pulling weeds, we strive to provide servant hands and personal connections for “the least of these” in our neighborhood. We do this in a major way during the spring, when we host volunteers from all over the U.S. to join us in work projects.

We believe that scripture is clear in calling us into seeking justice and reconciliation in our city. God commands us to care for those in need. Moreover, the Bible describes authentic religious practice as “visiting orphans and widows in their distress” (James 1:27, NASB). The need and distress in St. Louis is great. Consequently, we (the local Church) ardently believe The Almighty calls us as His people to send the fullness and healing of Christ to people and places in deep want in and around the Gateway City.

During your week here, you will be attending morning devotions with our team leaders. The topics of these teachings will include an in-depth look at the hard racial history in St. Louis and how the Gospel applies to it, racial reconciliation through Christ, Sonship, and much more. We strongly believe these conversations and topics will help teams and students process their week here in St. Louis and learn how to further apply it in their own hometown.

We look forward to hosting you this spring, and pray that this time is valuable for your team. We are so thankful to have you! Please contact us at any time with any questions, comments, or concerns.

Sincerely,
Paul Patterson
paul@ncfstl.org
(314)495-8543

Cost

Total cost is **\$375** per each individual coming, including leaders. This cost includes:

- Lodging from Saturday evening through the next Saturday morning
- Food provided Sunday morning through **Friday morning** (please note: Friday is a free day for your team and therefore meals will not be provided for lunch and dinner)
- Work project expenses

Not included in this cost:

- Transportation costs (cars and vans preferred over buses)
- Any activities or food for your team on your day off, Friday
- Any medical/emergency costs
- Phone calls

Due ASAP: Initial Deposit. This is what reserves your spot. It is not refundable, but is applied to your final cost--it is not "extra":

\$1000 for teams of 5-15 people

\$1500 for teams of 16-30 people

\$3000 for teams over 30 people

Due February 1: A \$200 non-refundable deposit for each anticipated member of your team, including leaders, and a total number of anticipated t-shirt sizes for all members of your team.

Due upon arrival: The remaining balance of your payment and a complete team roster.

If you have any questions or concerns, or for some reason are not able to make these deadlines, please reach out and we will work with you as best as we can.

Daily Schedule

Saturday

7:00pm: Meet at New City Fellowship (1483 82nd Blvd, St. Louis, MO 63132)

Sunday

8:00-9:00am Breakfast in Cafeteria + clean up

9:00-10:00 Sunday School

10:30-12:00 Worship service in Gym

12:15pm Meet in Cafeteria to split into assigned lunch groups

12:30-2:45 Lunch off campus with New City family

4:30-5:30 Orientation

5:30-6:30 Dinner in Cafeteria + clean up

7:00-10:00 Evening Activity

10:30 All quiet (Please follow this out of respect for other teams/ interns!)

11:00pm Lights out!

Monday- Thursday

7:00-7:45am Breakfast and pack lunches + clean up

8:00-9:00 Teaching time with Workday staff member

9:00am-4:00pm Work projects (packed lunch on worksite) or tutoring (**weeks 3-7**)

4:00-5:30 Shower and rest

5:30-6:30 Dinner in Cafeteria **[Debrief + Dinner out on Thursday!]**

7:00-10:00 Evening Activity

10:30 All quiet (Please follow this out of respect for other teams/ interns!)

11:00pm Lights out!

Friday:

8:00am Breakfast in cafeteria

Free day for your team to go sightseeing or do something fun!

If you choose to check out on Friday, please arrange this beforehand.

Saturday:

Check out by 9:00am. Please communicate what time you plan to leave prior to debrief on Thursday.

What to Expect

Our ministry, and the ministries we partner with during your time here put a high focus on building relationships. We feel it is through these relationships that the reconciling love of Christ is truly able to be shown. In this way, we pray that you will be equally blessed by the people you encounter, as you hear their stories and are able to see how God is working in their lives as well.

Devotions

Devotions will be held on campus every morning and led by a Workday staff member. We will discuss topics such as sonship, God's Kingdom, and God's call to justice and mercy, as well as looking in depth at the racial history in St. Louis and how it has affected how our city functions today. We pray that these devotions are profitable and spark deeper conversations with your teams as you talk about your own cities.

Work Projects

Work projects will be throughout the day, and have a variety of possibilities! We work primarily with widows and seniors in the St. Louis area who may not have access to minor home repairs, lawn services, or may just be lonely as they have little family in the area. Your students will be helping assist in these work projects which may include painting, mowing, assisting in building a wheelchair ramp, or anything in between. However, our primary goal is for your students to build relationships with these homeowners. We pray they are encouraged in their faith as they get to know these people, and hear how the Lord has worked in their life.

Evening Activities

Evening activities may include a movie and discussion, a trip to Ted Drewes for frozen custard (a St. Louis classic!), or even just hanging out and reflecting on our day. These activities are meant for team building, but also for helping you to unpack what you're experiencing during your week in St. Louis.

Rules and Safety

With anything we do throughout the week, especially Bible clubs and work projects- leaders please use your intuition. If it doesn't "feel" right, leave and contact a Workday Staff member.

Building Rules

- Keep space tidy (pick up trash, take out trash, wipe surfaces down, etc. when needed)
- Report any problems immediately to Building Manager
- Shower curtains must stay inside the shower
- 5 minute showers! Be respectful of saving time (and water) for other teams.
- Bathrooms are shared, so please keep personal toiletries in your own rooms.
- No females in male rooms/ males in female rooms
- No running in the halls
- No pranks
- Please respect quiet hours [**11pm-6am**]
- Teams will be assisting in meal clean up after every meal
- **If someone on your team has any food allergy, please notify us prior to your trip!**

Worksite Rules

- Be respectful! Some of the homes may be in disrepair (which is why volunteers like you are needed!), but refrain from making negative comments or even body language in order to show respect to the homeowner.
- No throwing items on job sites.
- No paint fights - this is someone's home, not a playground so please show respect
- Complete the job assigned and *only* the job assigned. If you see another repair that is needed in the home, communicate this with a Workday staff member.
- Hydrate, hydrate, hydrate! Summers in St. Louis are very hot, and your safety is one of our top priorities.
- Long pants! Especially if doing yard work to prevent poison ivy and bug bites.

As always, if you have any questions or comments or concerns, please contact us!

Packing List

- Bible
- Notebook
- Pen
- Work boots
- Work clothes
- Long pants
- Sleeping bag/ sheets and pillow
- Gloves
- At least one long-sleeved work shirt
- Modest clothing
- Hat
- Water bottle
- Sun screen
- Any toiletries needed (shampoo, conditioner, toothbrush, etc.)
- Any medications needed (especially allergies)

Teams please bring:

- First aid kit for every vehicle
- Cell phones (adult leaders only!)
- Complete roster of team members and leaders
- Medical release for for EACH student and leader

MEDICAL RELEASE FORM

I, _____, hereby give my permission for _____ to participate on the summer mission team to St. Louis, MO. I understand that in the event of an emergency every effort will be made to contact me. However, if medical treatment is required and I cannot be reached, I hereby grant permission to the youth pastor or youth staff person to secure services of a licensed physician and he/she is allowed to give whatever treatment he/she deems necessary.

(parent or legal guardian signature)

Please fill out the following information for us to have on file.

Legal Name of Son or Daughter _____
Date of Birth _____ SS# _____
Mother's Maiden Name _____
Emergency Phone Numbers: 1. _____ (Home)
2. _____ (work) 3. _____ (Relative)
Health Insurance Company _____ Policy # _____
Name under _____ Phone Number _____
Address _____
Private physician _____ Phone Number _____

Health History

Date of last Tetanus Shot _____

Please mark Yes (Y) or no (N) to indicate any current or past health problems in the following areas:

Allergies__*	Glasses__	Circulatory__
Asthma__	Headaches__	
Dizziness__		
Heart Disease__	Psychiatric__	Muscular__
Hypertension__	Skin__	Muscular__
Diabetes__	Skeletal__	Major Illness__
Blood Problems__	Respiratory__	
Neurological__		
Gastrointestinal__	Genitourinary__	Other__

Please give details to any items marked Yes (Y). *List all allergies.

Are you currently taking any medication? ____

If Yes, What and What for _____

PLEASE PHOTOCOPY YOUR MEDICAL INSURANCE CARD/INFORMATION AND ATTACH IT TO THIS PAGE