



## Introduction to Workday

The Workday ministry strives to manifest the glory of Christ by meeting physical needs and building relational bridges. We seek to manifest the love of Christ in places labeled “blighted” and to people deemed “undesirable” in our city. Whether it’s a skilled plumbing job to install a walk-in shower or a simple job of pulling weeds, we strive to provide servant hands and personal connections for “the least of these” in our neighborhood. We do this in a major way during the summers, when we host 8 weeks of summer volunteers from all over the U.S. to join us in work projects, tutoring, Bible clubs, and much more.

We believe that scripture is clear in calling us into seeking justice and reconciliation in our city. God commands us to care for those in need. Moreover, the Bible describes authentic religious practice as “visiting orphans and widows in their distress” (James 1:27, NASB). The need and distress in St. Louis is great. Consequently, we (the local Church) ardently believe The Almighty calls us as His people to send the fullness and healing of Christ to people and places in deep want in and around the Gateway City.

During your week here, you will be attending morning devotions with our team leaders. The topics of these teachings will include an in-depth look at the hard racial history in St. Louis and how the Gospel applies to it, racial reconciliation through Christ, Sonship, and much more. We strongly believe these conversations and topics will help teams and students process their week here in St. Louis and learn how to further apply it in their own hometown.

We look forward to hosting you this summer, and pray that this time is valuable for your team. We are so thankful to have you! Please contact us at any time with any questions, comments, or concerns.

Sincerely,  
Paul Patterson  
[paul@ncfstl.org](mailto:paul@ncfstl.org)  
(314)495-8543

## Summer Schedule

We aim for at least 80 volunteers per week in order to staff our tutoring program, and assure we are able to meet our commitments to the widows, elderly, refugees and immigrants in our community. When smaller groups come we may try to book two or more teams to make the program run well. The dates of the summer are as follows:

Week 1	May 25- June 1	
Week 2	June 1- June 8	
Week 3	June 8- June 15	
Week 4	June 15- June 22	
Week 5	June 22- June 29	
Break Week	June 29- July 6	[No summer teams this week]
Week 6	July 6- July 13	
Week 7	July 13- July 20	
Week 8	July 20- July 27	

## Cost

Total cost is \$425 per each individual coming, including leaders. This cost includes:

- Lodging from Saturday evening through the next Saturday morning
- Food provided Sunday morning through **Friday morning** (please note: Friday is a free day for your team and therefore meals will not be provided for lunch and dinner)
- Work project expenses
- T-shirts for each of your team members

Not included in this cost:

- Transportation costs (cars and vans preferred over buses)
- Any activities or food for your team on your day off, Friday
- Any medical/emergency costs
- Phone calls
- Any prepared materials that you bring for Bible Clubs

**Due ASAP:** Initial Deposit. This is what reserves your spot. It is not refundable, but is applied to your final cost--it is not "extra":

- \$1000 for teams of 5-15 people
- \$1500 for teams of 16-30 people
- \$3000 for teams over 30 people

**Due April 1:** A \$200 non-refundable deposit for each anticipated member of your team, including leaders, and a total number of anticipated t-shirt sizes for all members of your team.

**Due upon arrival:** The remaining balance of your payment and a complete team roster.

***If you have any questions or concerns, or for some reason are not able to make these deadlines, please reach out and we will work with you as best as we can.***

## Daily Schedule

### Saturday

7:00pm: Meet at New City Fellowship (1483 82nd Blvd, St. Louis, MO 63132) or New City South if applicable (3502 Grace Ave, St. Louis, MO 63116)

### Sunday

7:45-8:30am: Breakfast in Cafeteria + clean up  
8:30- 9:30: Teaching time with Workday staff member  
9:30- 10:20: Firm Foundation tutoring orientation (weeks 3-7 only)  
10:00-12:00: Worship service in Gym  
12:15pm: Meet in Cafeteria to split into assigned lunch groups  
12:30-2:45: Lunch off campus with New City family  
3:30-4:30: Leader orientation  
4:30-5:30: Workday and Bible Club Orientation  
5:30-6:15: Dinner in Cafeteria + clean up  
6:45-8:30: Bible Clubs at assigned site (Plan to leave by sunset for safety)  
9:00-10:00: Debrief with team  
10:30: Quiet hours (Please follow this out of respect for other teams/ interns!)  
11:00pm: Lights out!

### Monday- Thursday

7:00-7:45am: Breakfast and pack lunches + clean up  
8:00-9:00: Teaching time with Workday staff member  
9:00am-4:00pm: Work projects (packed lunch on worksite) or tutoring (**weeks 3-7**)  
4:00-5:30: Shower and rest  
5:30-6:15: Dinner in Cafeteria [**Debrief + Dinner out on Thursday!**]  
6:30-8:30: Bible Clubs at assigned site (Last day of club is Wednesday)  
9:00-10:00: Debrief with team  
10:30: Quiet hours(Please follow this out of respect for other teams/ interns!)  
11:00pm: Lights out!

### Friday:

8:00am: Breakfast in cafeteria

Free day for your team to go siteseeing or do something fun!

**If you choose to check out on Friday**, please arrange this beforehand, and communicate with intern assigned to check out prior to debrief on Thursday!

### Saturday:

Check out by 9:00am. Please communicate what time you plan to leave with assigned check out intern prior to debrief on Thursday.

## What to Expect

Our ministry, and the ministries we partner with during your time here put a high focus on building relationships. We feel it is through these relationships that the reconciling love of Christ is truly able to be shown. In this way, we pray that you will be equally blessed by the people you encounter, as you hear their stories and are able to see how God is working in their lives as well.

## Firm Foundation

This is a ministry through Restore St. Louis we partner with throughout the summer. The name “Firm Foundation” emphasizes the good academic foundation that children in our society need to be able to function well in our culture. Many of the children we help are not able to receive that foundation at school or home. The name also emphasizes the more important foundation we have in Jesus Christ who alone is the only sure foundation on which to build a life that is truly pleasing to God. During your week (if visiting weeks 3-7), students on your team will be assigned to a classroom with a teacher. Their primary goal will be to build relationships with the students, work with them in various classes and activities throughout the day, and be an assistance to the interning teachers who will be leading the classes.

## Work Projects

Work projects will be throughout the day, and have a variety of possibilities! We work primarily with widows and seniors in the St. Louis area who may not have access to minor home repairs, lawn services, or may just be lonely as they have little family in the area. Your students will be helping assist in these work projects which may include painting, mowing, assisting in building a wheelchair ramp, or anything in between. However, our primary goal is for your students to build relationships with these homeowners. We pray they are encouraged in their faith as they get to know these people, and hear how the Lord has worked in their life.

## Bible Clubs

Bible clubs will be held in the evenings in various backyards and parks throughout the neighborhood. The primary goal, again, is to build relationships! These parks and backyards bring a diverse group of children, often refugees and immigrants from all over the world, as well as local St. Louis children. **This will be the most planning your team will have to do for this trip** as you will be in charge of preparing for these clubs. Be sure to bring any supplies needed for these clubs. Remember, these are just guidelines, and any plans you make may or may not work perfectly- that's the fun part!

## Games

Many times, games are a great way to gather a group of kids. You can attempt an "organized" game with rules, or simply starting a game of soccer will always draw a crowd! Activities such as bubbles, sidewalk chalk, and jump ropes are also fun to use.

## Songs

Many times, the children are relatively new to the country and therefore don't understand English well enough to follow directions. Songs are a great way to signal the start of your club. Please use songs that are sensitive to different backgrounds and cultures. For example, songs about being "Soldiers of the Lord", although may be Biblical and a fun song, may have a different connotation for children who are refugees of war, now living in an area with a high crime rate.

## Stories

We highly encourage your team to prepare some kind of story, whether it's being read from a Children's storybook Bible, written and told by your students, or even acted out in a skit! Use your imagination and **plan stories according to the lesson on your assigned week** (see table below). We ask that you do not include a direct "Gospel invitation" during these clubs, as many of our children come from different religious backgrounds and their families may feel uncomfortable letting their children come to the clubs, preventing both summer teams and New City church families from further building relationships with these children.

## Assigned Weeks

### Theme: Beatitudes

Week 1	Blessed are the poor
Week 2	Blessed are those who mourn
Week 3	Blessed are the meek
Week 4	Blessed are those who hunger and thirst
Week 5	Blessed are the merciful
Week 6	Blessed are the clean of heart
Week 7	Blessed are the peacemakers
Week 8	Blessed are those who are persecuted

## Snacks

Snacks, as with anything, are totally optional and up to what your team decides! It's a great way to help encourage children to sit still during the story.

### A Word About Immigrant and Refugee Children

[Please go over this with your group; we believe that having the right attitude around these issues will enrich both your tutoring time and Bible clubs.]

Walking with immigrant and refugee children can be challenging, rewarding, frustrating and fun. Of course, walking with *any* children can be challenging, rewarding, frustrating and fun! In many ways, immigrant and refugee kids are just like any other kids. They love candy; they get into fights; they enjoy playing games; they sometimes misbehave in order to get attention. To be sure, there are unique challenges: some may be struggling to learn English; other may be finding it difficult to adjust to a new culture; a few may even be suffering post-traumatic stress as a result of hardships their families have encountered. That being said, there are a couple of important things to keep in mind:

- 1) In terms of material possessions, these children are quite poor. It is tempting to equate this material poverty with other kinds of poverty: relational, emotional, or spiritual. On the one hand, some of the kids do come from broken homes; some are emotionally scarred; and some desperately need to meet Jesus. On the other hand, many of them have stable, loving families and know Jesus well—maybe better than you do!
- 2) It is important not to read too much into their behavior. They may cuddle or cling to you. From this, one might conclude that they're 'starved for love.' But it may just be that they think you're nice! They may chase after, try to get into, or even jump in front of your vehicle when you're leaving Bible clubs. From this, one might conclude that they want to escape their 'horrible' living conditions. But it may just be that they're trying to be funny and want to see what sort of reaction they can get out of you.
- 3) It is equally important not to excuse bad behavior. Regardless of the reason they are acting out, we should hold them to just as high a standard as we would our own children, and discourage inappropriate or dangerous behavior in any way we can.

So why do we walk with immigrant and refugee children? Because we need each other! We can help them to navigate the challenges of learning a strange, new culture; they can teach us what it means to rely upon God as "aliens and exiles" (after all, according to 1 Peter 2, that's what all Christians are called to be)! Most importantly, we can encounter Jesus in one another—just as he told us we would.

## Rules and Safety

*With anything we do throughout the week, especially Bible clubs and work projects-leaders please use your intuition. If it doesn't "feel" right, leave and contact a Workday Staff member.*

### Building Rules

- Keep space tidy (pick up trash, take out trash, wipe surfaces down, etc. when needed)
- Report any problems immediately to Building Manager
- Shower curtains must stay inside the shower
- 5 minute showers! Be respectful of saving time (and water) for other teams.
- Bathrooms are shared, so please keep personal toiletries in your own rooms.
- No females in male rooms/ males in female rooms
- No running in the halls
- No pranks
- Please respect quiet hours **[11pm-6am]**
- Teams will be assisting in meal clean up after every meal
- **If someone on your team has any food allergy, please notify us prior to your trip!**

### Worksite Rules

- Be respectful! Some of the homes may be in disrepair (which is why volunteers like you are needed!), but refrain from making negative comments or even body language in order to show respect to the homeowner.
- No throwing items on job sites.
- No paint fights - this is someone's home, not a playground so please show respect
- Complete the job assigned and *only* the job assigned. If you see another repair that is needed in the home, communicate this with a Workday staff member.
- Hydrate, hydrate, hydrate! Summers in St. Louis are very hot, and your safety is one of our top priorities.
- Long pants! Especially if doing yard work to prevent poison ivy and bug bites.

### Bible Club Rules

- No direct Gospel invitation
- Hydrate!
- No tank tops or shorts - this is to respect the different cultural backgrounds we work with
- Plan to pack up and leave club sites by sunset
- Please wait until Tuesday or Wednesday before taking pictures or videos.

As always, if you have any questions or comments or concerns, please contact us!

## Packing List

- Bible
- Notebook
- Pen
- Work boots
- Work clothes
- Long pants
- Sleeping bag/ sheets and pillow
- Gloves
- At least one long-sleeved work shirt
- Modest clothing
- Hat
- Water bottle
- Sun screen
- Any toiletries needed (shampoo, conditioner, toothbrush, etc.)
- Any medications needed (especially allergies)

Teams please bring:

- Any supplies needed for Bible Clubs including games, toys, and craft supplies
- First aid kit for every vehicle
- Cell phones (adult leaders only!)
- Complete roster of students
- Medical release for for EACH student and leader



# MEDICAL RELEASE FORM

I, \_\_\_\_\_, hereby give my permission for \_\_\_\_\_ to participate on the summer mission team to St. Louis, MO. I understand that in the event of an emergency every effort will be made to contact me. However, if medical treatment is required and I cannot be reached, I hereby grant permission to the youth pastor or youth staff person to secure services of a licensed physician and he/she is allowed to give whatever treatment he/she deems necessary.

\_\_\_\_\_  
(parent or legal guardian signature)

Please fill out the following information for us to have on file.

Legal Name of Son or Daughter \_\_\_\_\_  
Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_  
Mother's Maiden Name \_\_\_\_\_  
Emergency Phone Numbers: 1. \_\_\_\_\_ (Home)  
2. \_\_\_\_\_ (work) 3. \_\_\_\_\_ (Relative)  
Health Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_  
Name under \_\_\_\_\_ Phone Number \_\_\_\_\_  
Address \_\_\_\_\_  
Private physician \_\_\_\_\_ Phone Number \_\_\_\_\_

## Health History

Date of last Tetanus Shot \_\_\_\_\_

Please mark Yes (Y) or no (N) to indicate any current or past health problems in the following areas:

Allergies__*	Glasses__	Circulatory__
Asthma__	Headaches__	
Dizziness__		
Heart Disease__	Psychiatric__	Muscular__
Hypertension__	Skin__	Muscular__
Diabetes__	Skeletal__	Major Illness__
Blood Problems__	Respiratory__	
Neurological__		
Gastrointestinal__	Genitourinary__	Other__

Please give details to any items marked Yes (Y). \*List all allergies.

\_\_\_\_\_  
\_\_\_\_\_

Are you currently taking any medication? \_\_\_\_

If Yes, What and What for \_\_\_\_\_

**PLEASE PHOTOCOPY YOUR MEDICAL INSURANCE CARD/INFORMATION AND ATTACH IT TO THIS PAGE.**